## Parts:

<table>
<thead>
<tr>
<th>#</th>
<th>Description</th>
<th>BB30-OUT-7</th>
<th>BB30-OUT-8</th>
<th>BB30-OUT-9</th>
<th>BB30-OUT-10</th>
<th>BB30-OUT-11</th>
<th>BB30-OUT-12</th>
<th>BB30-OUT-13</th>
<th>BB30-OUT-14</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>DRIVE SIDE CUP (FEMALE THREADS)</td>
<td>SB-24X37-1</td>
<td>SB-24X37-1</td>
<td>SB-24X37AC-1</td>
<td>SB-24X37AC-1</td>
<td>SB-24X37CH-1</td>
<td>SB-24X37CH-1</td>
<td>SBC0-24X37-1</td>
<td>SBC0-24X37-1</td>
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<tr>
<td>2</td>
<td>NON-DRIVE SIDE CUP (MALE THREADS)</td>
<td>SB-22X37X8-1</td>
<td>SB-22X37X8-1</td>
<td>SB-22X37X8-1</td>
<td>SB-22X37X8-1</td>
<td>SB-22X37X8-1</td>
<td>SB-22X37X8-1</td>
<td>SBC0-22X37X8-1</td>
<td>SBC0-22X37X8-1</td>
</tr>
<tr>
<td>3</td>
<td>DRIVE SIDE SEALED BEARING</td>
<td>SB-24X37-1</td>
<td>SB-24X37-1</td>
<td>SB-24X37AC-1</td>
<td>SB-24X37AC-1</td>
<td>SB-24X37CH-1</td>
<td>SB-24X37CH-1</td>
<td>SBC0-24X37-1</td>
<td>SBC0-24X37-1</td>
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<td>4</td>
<td>NON-DRIVE SIDE SEALED BEARING</td>
<td>SB-22X37X8-1</td>
<td>SB-22X37X8-1</td>
<td>SB-22X37X8-1</td>
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<td>SBC0-22X37X8-1</td>
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</tr>
<tr>
<td>5</td>
<td>DRIVE SIDE OUTER SILICONE DUST SEAL</td>
<td>BB30-OUT-7</td>
<td>BB30-OUT-8</td>
<td>BB30-OUT-9</td>
<td>BB30-OUT-10</td>
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<td>BB30-OUT-14</td>
</tr>
<tr>
<td>6</td>
<td>NON-DRIVE SIDE OUTER SILICONE DUST SEAL</td>
<td>BB30-OUT-7</td>
<td>BB30-OUT-8</td>
<td>BB30-OUT-9</td>
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* Please refer to your crankset instructions for exact crank spindle spacers and wave washer placement. †Cup spacers provided with SRAM GXP Bottom Brackets only.

## Rails Mfg Limited Warranty

Wheels Mfg warrants bottom bracket components to be free from defects in materials or workmanship for a period of 2 years after original purchase. This warranty only applies to the original owner and is not transferable. Claims under this warranty must be made through the retailer where the Wheels Manufacturing component was purchased. Life expectancy of Wheels Manufacturing bottom brackets and bottom bracket sealed bearings depends on factors like frequency of use, environmental conditions and intended use. Failure to maintain bearings will void any and all bearing warranties. For full warranty and limitations to warranty visit: https://wheelsmfg.com/warranty.

## Tools:

**INSTALL**

- Universal BB Press ([PRESS-7 / PRESS-7-PRO](#))
- Grease or Anti-Sieze Compound
- BB Socket ([BBTOOL-48-44](#))

**SERVICE**

- Bearing Extractors ([BB-EXT](#))
- Universal BB Press ([PRESS-7 / PRESS-7-PRO](#))
- Bearing Grease ([GR-001](#))
**Installation:**

**IMPORTANT:**

- **DO NOT USE BEARING RETAINING COMPOUND OR EPOXY DURING INSTALLATION, USE OF WHICH WILL VOID ANY WARRANTY.**
- Before installing bottom bracket, check that frame’s BB shell has been properly prepped and is the correct width and inner diameter.
- Drive side cup may press in by hand. This is not uncommon and is acceptable. If both cups slip in by hand, you should use a tool on both cups to fully tighten bottom bracket.
- For carbon BB shells, use recommended grease. Contact frame manufacturer, or go to https://wheelsmfg.com/carbon-bike-grease.
- For titanium BB shells, anti-seize compound is recommended.

*Bottom bracket installation and service by a professional or certified mechanic is recommended.*
**Bearing Replacement:**

1. Insert appropriate size extractor into bearing. Push extractor completely in until you feel it snap in place.

2. Slide the bearing extractor pusher onto a Wheels Mfg Universal BB Press (PRESS-7 or PRESS-7-PRO) rod. Next, add the matching adapter with the tapered end of the adapter opposite the pusher.

3. Insert handle, rod, pusher and adapter into the backside of the bearing you are removing.

4. Select a sleeve size that has a larger ID than the bearing’s OD. Slide receiver cup + reducer sleeve over the rod and up against cup.

5. Spin on second handle and tighten handles together until you feel the bearing pop out of the cup.

6. Bearing is now removed from cup.

7. Remove handle from press. Remove adapter from extractor. Remove extractor from bearing.

8. Clean and dry bearing bore in cup. Apply thin film of Loctite 603 retaining compound to cup.

9. Slide one BB adapter over the press rod. Match the correct size step on the adapter with the cup or bearing. Insert into bearing or cup opposite the bearing you are installing.

10. Slide new bearing onto second BB adapter, matching up the correct size step on the adapter with the bearing ID. Slide both onto press rod.

11. Spin on second handle and tighten handles together until the bearing is seated in the cup.

12. Remove press handles and adapters from cups. Bearing is now installed.

**Bearing Service:**

**IMPORTANT:**

Angular Contact bearings are direction specific! They must be installed in the bottom bracket cup with red seal facing outwards and black seal facing inwards.

1. Lift up seal using a utility knife or pick. If servicing bearings outside of BB cups, remove both seals. Clean seals and set aside. For Angular Contact bearings, note which side takes the black seal.

2. Flush out old grease with a de-greaser. Dry bearing to remove any traces of degreaser.

3. Pack bearing with new, clean bearing grease [GR-001].

4. Lightly press seals onto bearing. Seals should sit flush to the outer face of the bearing races.