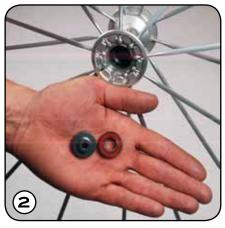


## PRESS-4 INSTRUCTIONS



REMOVE OLD/ WORN BEARINGS FROM HUB/ BOTTOM BRACKET WITH WHEELS MFG. BEARING REMOVAL TOOL (BRT-I) OR APPROPRIATE REMOVAL DEVICE.



CLEAN BEARING BORE OF ANY DIRT, GREASE OR CONTAMINATION AND FIND CORRECT REPLACEMENT BEARINGS FOR YOUR APPLICATION.



PURCHASE APPROPRIATE SIZE BEARING ADAPTOR FOR THE BEARING YOU WISH TO REPLACE. FOR LONGEST BEARING LIFE, INSTALL ONE BEARING AT A TIME. INSTALL OPEN BORE BEARING ADAPTOR ONTO THREADED HANDLE.



PLACE BEARING ONTO BEARING ADAPTOR, ENSURING IT IS SEATED CORRECTLY. INSERT HANDLE WITH BEARING AND ADAPTOR INTO HUB. PLACE OPEN BORE ADAPTOR ONTO THEADED HANDLE FROM OPPOSITE SIDE, SECURING WITH OTHER HANDLE.



TIGHTEN HANDLE UNTIL BEARING BOTTOMS OUT AGAINST BEARING STOP. DO NOT OVER TIGHTEN.



REMOVE HANDLE AND ADAPTOR FROM HUB. FIRST BEARING IS INSTALLED. REPEAT THIS PROCESS FOR THE SECOND BEARING.